

#### **WORKSHEET**

## STAGE 5: DEALING WITH PREJUDICES







## Stage 5: Dealing with prejudices

### Maybe we have more in common than what we think?

#### Question for reflection:



Have I ever felt boxed (being categorized or labeled in a way that limits one's identity or potential) in by someone who assumed we had nothing in common? How did I react?



Have I ever placed others in a box, believing we were completely different? What were my feelings and reactions?



Did I discover that someone I had boxed in actually shared more in common with me than I realized? How did I come to this realization?







# Stage 5: Dealing with prejudices

## Generalizations and Prejudices: How Can We Address Them?

Question for reflection:



What stereotypes are reflected in the video? Are there other stereotypes you know about different cultures, including your local ones?



Can stereotypes remain just stereotypes, or can they evolve into prejudices that lead to discrimination? In what situations might this occur?



What actions can we take to prevent stereotypes from leading to discrimination?

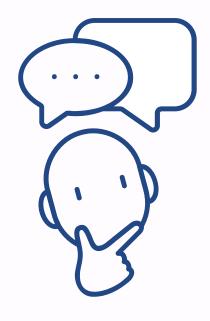






# Stage 5: Dealing with prejudices

#### Reflective practice



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Note three statements about yourself that you would reject because they fail to accurately describe you or do not respect your individuality.



